

Living with SRI SATHYA SAI

VAHINI SWADHYAYA - *Online Spiritual conference*

Concepts

1. The need for an unruffled mind
2. Prayer
3. Dwelling in God
4. The Path of devotion
5. Faith in oneself and in the scriptures

Honourable
Speaker



Sri. Amarnath Sir



PRASANTHI VAHINI – SESSION 2

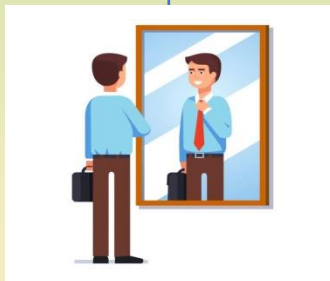
SRI SATHYA SAI SEVA ORGANISATION, BANGALORE-SOUTH

NEED FOR UNRUFFLED MIND

KING BRUCE AND THE SPIDER
 LESSON IN PERSEVERANCE for MINDCONTROL



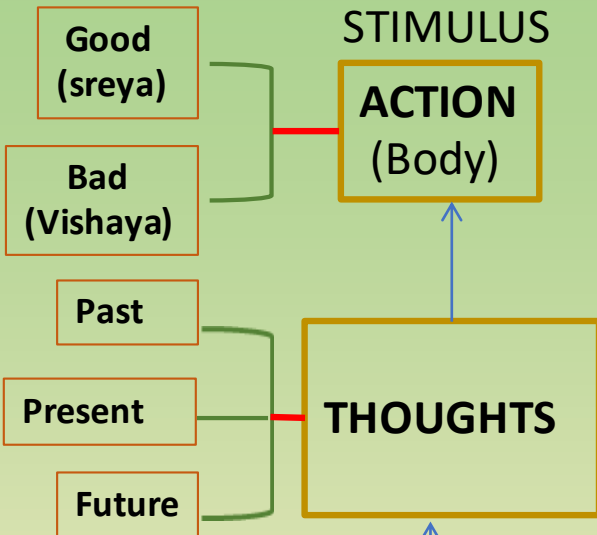
Reflecting Mirror is Mind



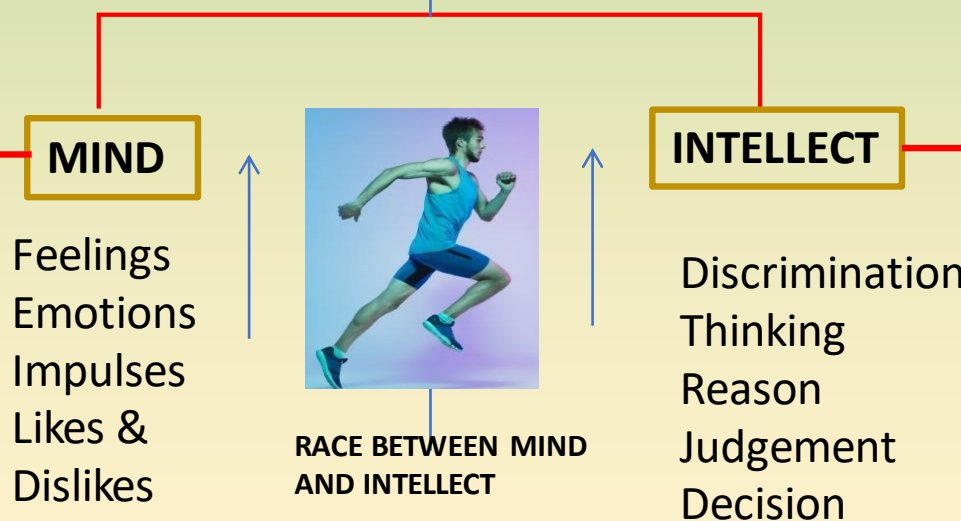
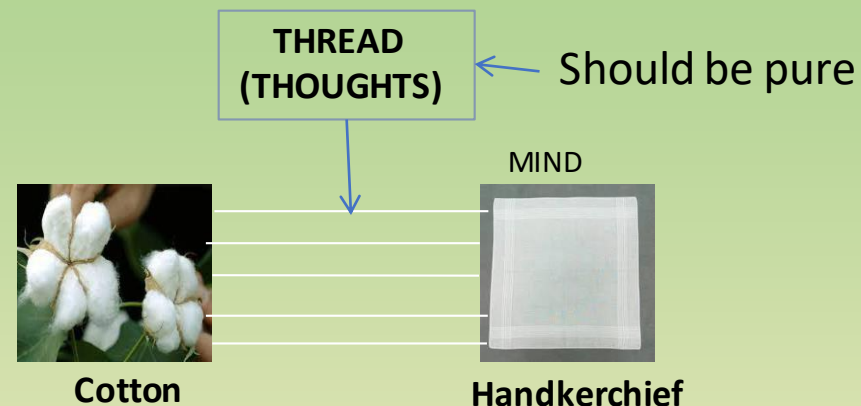
Impurities of Mind are Mala, Vikshepa, Avarna which spoils the reflection



House fly



ANALOGY OF MIND WITH HANDKERCHIEF



RACE BETWEEN MIND AND INTELLECT



HoneyBee

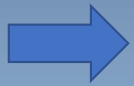


INTELLECT MUST RACE AHEAD OF MIND TO CONTROL THE THOUGHTS AND INITIATE ACTION

PRAYER



PRAYER IS FORM OF COMMUNICATION WITH LORD WITH TOTAL DEVOTION & SURRENDER



FOUR TYPE OF DEVOTEES

ARTHA
(Distressed)

DRAUPADI
GAJENDRA

ARTHARTHI
(Seeks Wealth)

DHRUVA
SUGRIVA

JIJNASU
(Knowledge Seeker)

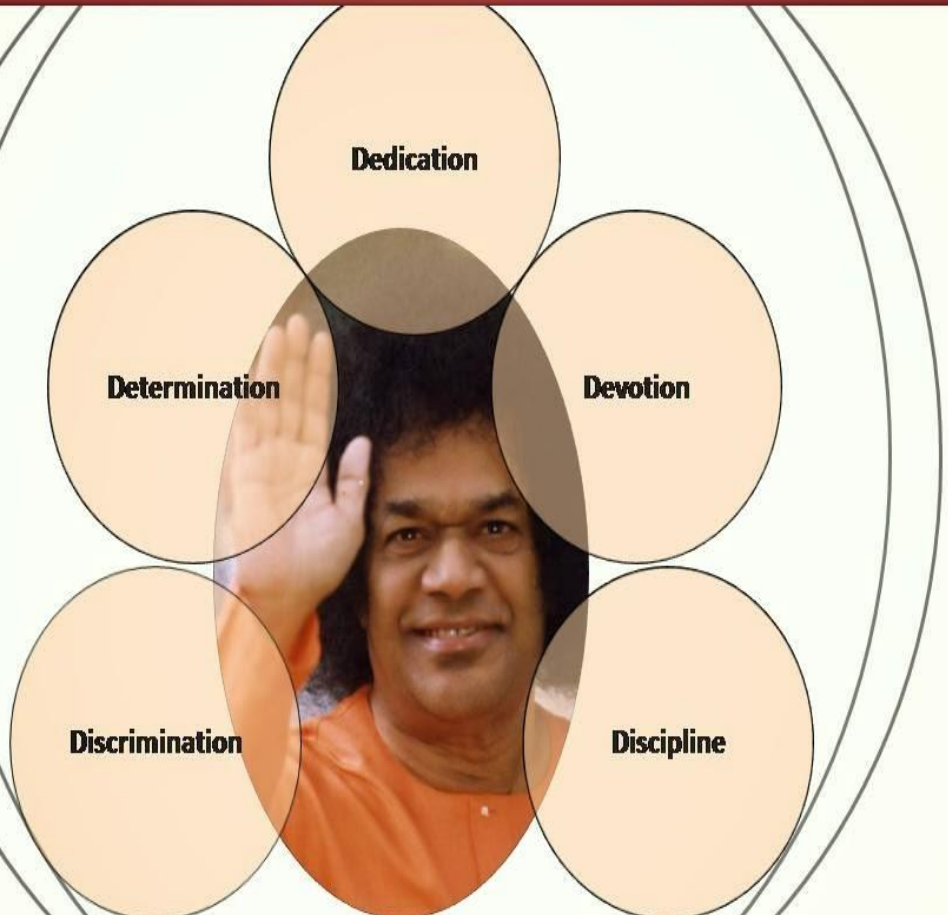
PARIKSHIT
UDHAVA

JNANI
(Self Realised)

PRAHALADA
NARADA

PRAYER

5Ds – Five Requisites to Love God



PRAYER WRITTEN BY SWAMI

OH! LORD! Take my love and let it flow in fullness for thee

OH! LORD! Take my hand and let them work incessantly for thee

OH! LORD! Take my soul and let it be merged in one with thee

OH! LORD! Take my mind & thoughts and let them be in tune with thee

OH! LORD! Take my everything and let me be an instrument in thy work.

DWELLING IN GOD

ACTION PASSED BY SWAMI



TYPES OF SHAKTHI

NANDI FACING LORDSHIVA

ENEMY(1)
AHANKARA

ENEMY (2)
MAMAKARA

1) CHITTASHAKTHI

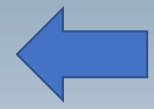
To control mental functions like Memory, thinking, desires, intelligence

2) PRANA SHAKTHI

To control physical body. Satwik food, cleanliness, as body abode of lord

3) ATMA SHAKTHI

Once (1) & (2) are achieved Atma Sakthi needed to realise 'ATMA'





Sravanam



Kirthanam



Smaranam



Padasevanam



Archana



Vandanam



Daasyam



Sakhyam.



Atma Nivedana



SIGNIFICANCE OF GREETING "SAI RAM" AND REVERING THE OTHER PERSON AS GOD

SAI= SA= UNIVERSAL FATHER + AI= UNIVERSAL MOTHER – SAI IS OUR UNIVERSAL FATHER AND MOTHER

RAMA = RA= SYMBOLIZES "AGNI" + A= MOON + MA= SYMBOLIZES SUN

(Destroy Sins)

(Shanthi)

(DISPELLER OF DARKNESS)

SAIRAM = Salutation to Universal Father And Mother, Destroyer of sins, Dispeller of darkness & Creator of peace



PATH OF DEVOTION



AIM OF LIFE: ATMIC BLISS BY REALISATION OF OMNIPRESENT, OMNISCIENT, OMNIPOTENT BRAHMAN



Front wheel Bhakthi

Analogy of Three Wheels of Auto Bhakthi, Gnana, Karma Marg



SAI GITA
an example of Devotion

PATHWAYS TO BRAHMAN

APARA BHAKTHI
(worship with form)

PATH OF DEVOTION
(BHAKTHI MARG)

PATH OF KNOWLEDGE
(GNANA MARG)

PATH OF ACTION
(KARMA MARG)

PATH OF YOGA
(RAJA YOGA)

PARA BHAKTHI
(Formless Worship)

TYPES OF BHAVAS

SHANTHA BHAVA
(Peaceful)
EG: BHISMA

DASYA BHAVA
(Servitude)
EG: HANUMAN

SAKHYA BHAVA
(Friend)
ARJUNA &
KRISHNA

VATSALYA BHAVA
(As a Child)
MOTHER YASHODA

MADHURYA BHAVA
(Pure love)
Eg: RADHA-KRISHNA

THE NINE DEVOTIONAL WAYS OF CONNECTING WITH GOD ARE THE NAVA VIDHA BHAKTHI MARG

