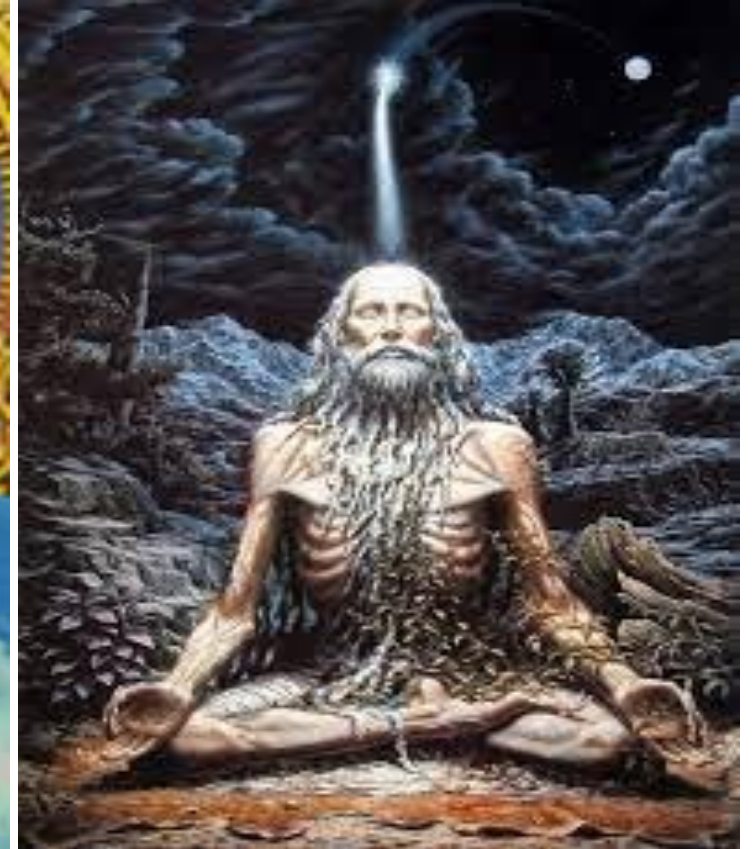


PRASNOTTARA VAHINI...Chapter 4

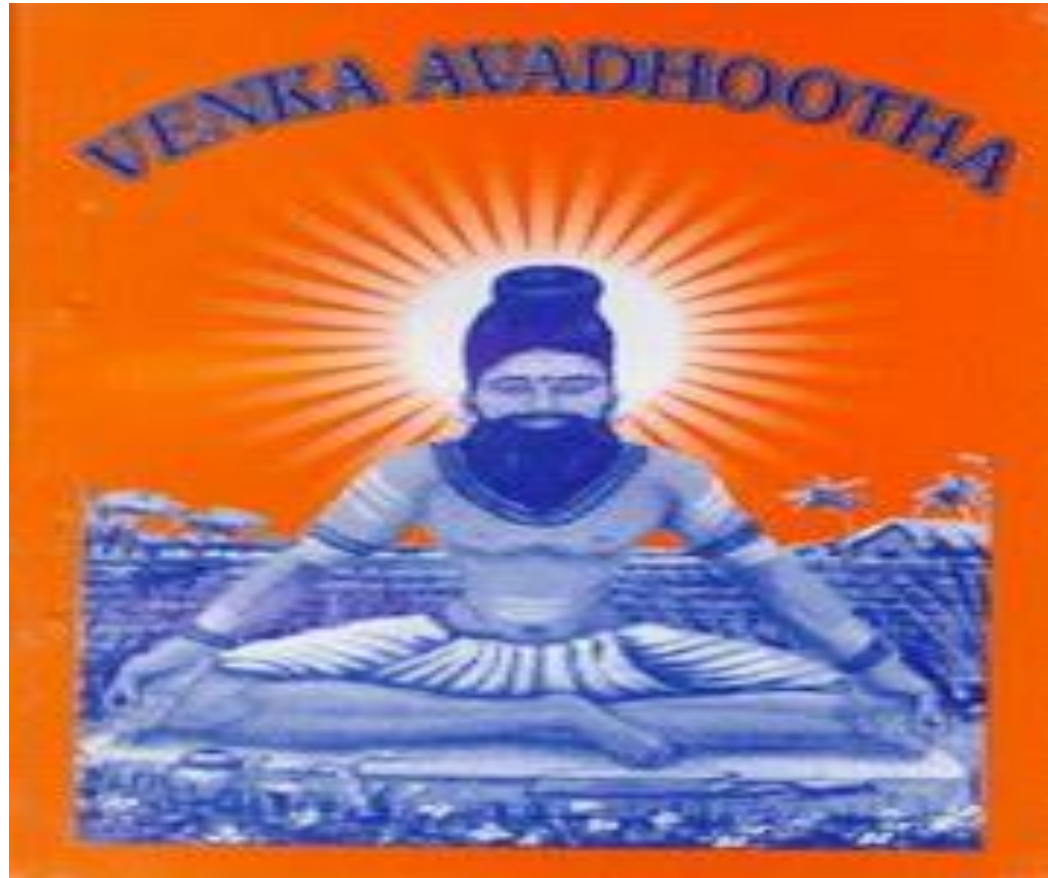
MOKSHA & KARMA



WHO ARE THESE RARE GEMS ?



VENKA AVADHOOTHA




DEHA DHARMA

- Fulfilling one's responsibilities and obligations related to the body.
- Obligations towards Self, family and society by implementing a Dharmic approach. Deha Dharma is required till....
..the Jivatma is recognised...and till Jivatma becomes a realised self.



Swami on Deha Dharma and Atma Dharma

- Divine 
 - Man Acting with consonance with atma
 - Animal State.... Body acting without regard to mind and atma
 - Demonic State.. Mind acting without regard to atma
- ‘ Atma Dharma leads to liberation..we experience peace and bliss.... not Deha Dharma.’**
- **‘Seeing the One in All and the All in One is Atma Dharma’**
 - **‘Wear the glasses of Love, which helps us move from Deha Dharma to Atma Dharma’**

Jiva's Equation with God

God = Sthoola, Sookshma, Kaarana, **Prapancha**+ Satchidananda Swaroopaa (Pure Consciousness)

Jiva = Sthoola, Sookshma, Kaarana, **Shareerabhimani** + reflection of Satchidananda Swaroopaa (Pure Consciousness)

Consciousness identified with Total is God...Identified with Individual is Jiva .

Recognise that Jiva is Reflection of Satchidananda Swaroopaa

Not appreciating above leads to Avidya

Jiva's Equation with God

- **What does Avidya lead us to ?**
- **What is the difference between Vaachyarthha and Lakshyarthha ?**
- **When are we in a better position to appreciate Thath Thwam Asi ?**

Jivatma attains fulfilment...when?

- Jivatma attains liberation only when it realizes Pramatra...



What is Moksha?

**Liberation from all bondages (negativities) is Moksha.
Experiencing a state beyond Deha Tathwa is Moksha.**



What is Moksha ?

- **Swami..** Moksha is living with God.
 - .. Sheer love for God is Moksha.
 - * **Ramakrishna Paramahansa..** God realisation is the Goal of Life
 - * **Swami Vivekananda..** Self is revealed in a clear, still & controlled mind.
 - * **Adi Sankara..** Chidananda Roopam Sivoham Sivoham

What is Karma?

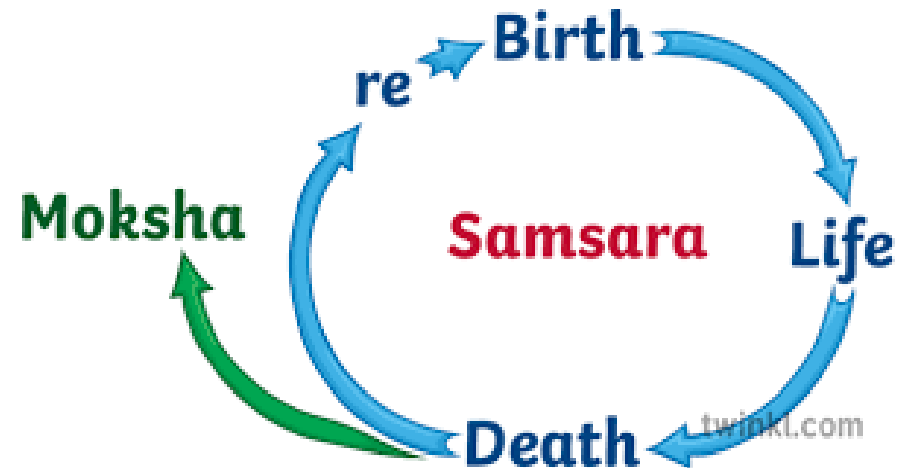
Karma is like a Boomerang.....



.....what I give, I get.

Transient World....

- Time is Yama..birth, growth, death is in the passage of time.
- Time is the off-spring of Sun, because of sunrise/sunset.
- Chitragupta is within our body, as a hidden mind.
- All thoughts arising in the mind are imprinted in the heart.



Karma

- **The attitude** we have while doing the job determines if the job is a binding one or a liberating one.
- While the hands work, the mind should constantly remember the Lord.
- *"Hands in the society, head in the forest "-Baba*



Karma

- What is the **motive** behind the action or work done?
Expectation...?

• Man always thinks of the result or remuneration or fruits of the work, even before he starts it..

Work and money is weighed in a balance.

BUT.....

- ***Selfless service without expecting a reward is the RIGHT ATTITUDE.....!***



Four Types of Karma ...Actions

- **Dush Karma...Bad actions**
- **Sath Karma...Good actions**
- **Misra Karma...Action done with an eye on name, fame, publicity**
- **Jnana Karma...Actions which lead to escape from bondage of duality and to merge with the Paramatma**

Nirvana Shatkam

- Na Punyam, Na Paapam, Na Saukhyam Na Dukham
- Na Mantra Na Theertham, Na Vedaa Na Yajnah
- Aham Bhojanam Naiva Bhojyam Na Bhoktha
- Chidananada Roopa Sivoham Sivoham

Moksha and Karma

